

NORTH TORONTO AQUATIC CLUB

2016-2017 Lifesaving and Instructor Course Schedule

| Course and Day | Location | Course Dates | Time(s) |
|--|--------------------|----------------------------------|-----------------------|
| <u>Bronze Star</u> | | | |
| Wednesdays | Glenview Pool | September 28 – December 14, 2016 | 7:45 – 8:30 pm |
| | Glenview Pool | January 25 – May 3 , 2017 | 7:45 – 8:30 pm |
| Thursdays | Glenview Pool | September 29 – December 15, 2016 | 7:45 – 8:30 pm |
| | Glenview Pool | January 26 – May 4 , 2017 | 7:45 – 8:30 pm |
| <u>Bronze Medallion</u> | | | |
| Wednesdays | Glenview Pool | September 21 – December 21, 2016 | 7:45 – 9:30 pm |
| | Glenview Pool | January 15 – May 3 , 2017* | 7:45 – 9:30 pm |
| Thursdays | Glenview Pool | September 22 – December 22, 2016 | 7:45 – 9:30 pm |
| | Glenview Pool | January 26 – May 4 , 2017* | 7:45 – 9:30 pm |
| <u>Bronze Cross & LSS Emergency First Aid and CPR B</u> | | | |
| Mondays | Glenview Pool | September 19 – December 19, 2016 | 7:30 – 9:45 pm |
| | Glenview Pool | January 23 – May 1, 2017 * | 7:30 – 9:45 pm |
| Tuesdays | Lawrence Park Pool | September 20– December 20, 2016 | 7:30 – 9:45 pm |
| | Lawrence Park Pool | January 24 – May 2 , 2017 * | 7:30 – 9:45 pm |
| <u>Distinction</u> | | | |
| Thursdays | Glenview Pool | January 26 – May 4 , 2017* | 7:45 – 9:45 pm |
| <u>LSS Standard First Aid and CPR C</u> | | | |
| Friday & Saturday (Mandatory both days) | Glenview (no pool) | October 14 and October 15 , 2016 | 6:00 pm – 9:00 pm Fri |
| | Glenview (no pool) | February 3 and February 4, 2017 | 9:00 am – 6:00 pm Sat |
| <u>National Lifeguard Service (NLS)</u> | | | |
| Mondays | Glenview Pool | September 19 – December 19, 2016 | 7:00 – 9:45 pm |
| | Glenview Pool | January 23 – May 1 , 2017* | 7:00 – 9:45 pm |
| <u>Red Cross Water Safety Instructor & Lifesaving Society Lifesaving Instructor</u> | | | |
| Tuesdays | Glenview Pool | September 20– December 20, 2016 | 7:00 – 9:45 pm |
| | Glenview Pool | January 24 – May 2 , 2017* | 7:00 – 9:45 pm |

* **Tentative** – May be extended